

Prayer Guide for March 18-23, 2024

Monday (Jordan Byrd), *Psalm 3:1-2 - Lord, how many are my foes! How many rise up against me! Many are saying of me, "God will not deliver him."*

Pray: Heavenly Father, it seems like I am always under attack. And those who attack me, do so with an intensity as if there is nothing that can stop them. It feels like I am outnumbered. Lord, I am looking to you for deliverance. I have nowhere else to turn. I have no one who can deliver me from these attacks and pressures, like you can. I know you delivered Israel through the Red Sea, Gideon through unlikely victory, and Jonah from drowning. I want to trust that you will deliver me and meet my needs. Help my moments of unbelief. It's by the power of your Spirit and through your Son, Jesus, that I pray this. Amen.

Reflect: In your current life situation, where are you tempted to believe that God cannot deliver you? Alternatively, what sin is so deeply embedded in your heart that you are tempted to believe God cannot root it out?

Tuesday (Sean Cronin), *Psalm 3:3-4 - But you, Lord, are a shield around me, my glory, the One who lifts my head high. I call out to the Lord, and he answers me from his holy mountain.*

Pray: Almighty God, thank you for listening to my prayers. Thank you for providing for me. Thank you for your protection. Thank you for waking me up today and giving me my daily

bread. Everything I have comes from you. Help me to look up today when I need help. When I need strength, please be the source. When I need peace, be my rock. It's easy to look down at all that's going on around me and lose sight of the one who sees it all and reigns above all.

Today I choose to trust you. I choose to seek you for the strength and provision I need to represent you well today.

Reflect: Does God still speak? If you have questions for him, ask him for answers and listen for his response.

Wednesday (Jim Twardowski), *Psalms 3:5 - I lie down and sleep; I wake again, because the Lord sustains me.*

Pray: Dear Heavenly Father, you are the great provider of all my needs. May I always turn to You in hard times as well as good times, knowing You will hear me and care for me. As I go about my day today, may I turn to You first in all things and ask that You guide and help me. Without You I am nothing and I share all my burdens with You knowing that I will also share the joy with You. I turn to You for my hope and strength. I pray this in Your Son's holy name. Amen

Reflect: What are you struggling with right now, will you give it over to the One who can provide peace and allow you rest?

Thursday (Mitchell Knight), *Psalms 3:6 - I will not fear though tens of thousands assail me on every side.*

Pray: Father, we confess to you our fears, doubts, and insecurities. We live in a world of darkness that chastises the light and mocks the righteous. Our enemies laugh at us, and we are considered fools for trusting in You. We thank you Father that you are our help and our shield. Your word includes the phrase "Do not be afraid" 365 times, a daily reminder from You that we have nothing to fear. Though we may have trouble in this world, we take heart, as Jesus Himself has overcome the world. May the way we deal with our enemies paint the picture of a loving God of second chances, and may we never be afraid to share the reason for our hope, even as we are surrounded by darkness. In Jesus' name, by Your Spirit, Amen.

Reflect: Do I believe that God is my help, or do my actions show that I trust more in my power?

Friday (Jordan Byrd), *Psalm 3:7 - Arise, Lord! Deliver me, my God! Strike all my enemies on the jaw; break the teeth of the wicked.*

Pray: Heavenly Father, I feel the ferocious growl of those who seek to take me away from the abundant life you offer. It's tempting to believe that they will succeed in tearing my life apart, both physically and mentally. However, you promise to fulfill what you declare. Father, help me to trust that you are defanging the attacks of those who come against me. Help me to believe that your control surpasses theirs. I pray this by the power of your Spirit and through your Son, Jesus. Amen.

Reflect: What aspect of God's character do you feel tempted to believe he will fail to demonstrate in your life?

Saturday (Mitchell Knight), *Psalm 3:8 - From the Lord comes deliverance. May your blessing be on your people.*

Pray: Father, may Your name be praised throughout the earth and in the highest heavens for how you have treated Your people in kindness. You are not a God who is content to sit back and watch His people wallow in darkness, because You are a God who deeply cares for His creation. You gave us deliverance, just as You did for the Israelites in Egypt. You have given us our own Exodus, from darkness to light! We thank You for bringing us into a new birth and life! We have now left the master of sin and death and call on the name of Jesus, our new master of life and light. Help us to walk in the light, as You are in the light. We wish to be good examples of You and Your mighty deliverance. By Your Spirit, help us to shed the darkness of our past and move us forward into the light of Your day. In Jesus' name, by Your Spirit, amen.

Reflect: Have I honestly left the darkness behind, and do I live a life delivered from darkness into light?